

## **10 good reasons to use Azelastine**

**Azelastine is a topical antihistamine belonging to the family of new histamine H1 receptor blockers. It is used to treat rhinitis. Why is it useful to take nasal sprays? How should it be applied?**

### **1. First-Line treatment for allergic rhinitis**

Azelastine is to be used just when needed – preventive and symptomatic. It is effective against a runny or blocked nose, itching and sneezing.

### **2. Easy to use for fast relief of all symptoms**

Azelastine is easy to use: A puff per nostril twice daily is adequate to effectively reduce the symptoms, like a running or blocked nose, itching or sneezing.

### **3. Flexible: Only to be used when needed**

In contrast to other anti-allergic therapies which has to be taken continuously and started already before the allergic pollution starts, Azelastine only has to be used when needed. Fast onset of action provides fast relief of all symptoms.

### **4. Faster onset of action**

Azelastine acts faster than other therapies: The nasal spray relieves patients from their discomfort after 10 to 12 minutes. (nasal corticoids start to act after two hours and an oral antihistamine after two to three hours).

### **5. Long duration of action**

Azelastine is active up to 12 hours.

#### **6. Reliable medication**

Azelastine shows improvement of symptoms of allergic and non-allergic, as well as vasomotor rhinitis. It is effective even in patients who are non-responders to oral antihistamine.

#### **7. Good tolerability**

Nasal Azelastine has a low systemic bioavailability. Side-effects are seldom, especially compared to oral antihistamines and nasal corticoids.

#### **8. More than an antihistamine**

Azelastine acts anti-allergic, anti-inflammatory and mast cell stabilizing.

#### **9. Broad spectrum of application**

Seasonal and perennial rhinitis is improved by Azelastine. In addition, Azelastine is effective to treat vasomotor rhinitis, an inflammation of the nasal mucosa, that is not caused by a virus or bacteria, and also is non-allergic.

#### **10. Improvement of the quality of life**

Sneezing, itching, a running or blocked nose – these are the annoying symptoms of rhinitis. Many patients suffer from these symptoms not only a few days of the year, but all over the year. Leisure activities are not always possible – a real load for somebody who is concerned. Azelastine means a determining factor for the improvement of quality of life.