



Ask your  
pharmacist for a  
**treatment**  
trial for rhinitis

# A runny nose is not always a cold

## RHINITIS/ASTHMA\*

- Do you have watery, runny nose on most days?  Yes  No
- Do you have sneezing or nasal itching?  Yes  No
- Do you have red, watery eyes?  Yes  No
- Are you receiving treatment for any of these symptoms?  Yes  No
  
- Have you had an attack or recurrent attack of wheezing?  Yes  No
- Do you have a troublesome cough, especially at night?  Yes  No
- Do you cough or wheeze after you exercise?  Yes  No
- Does your chest feel tight?  Yes  No



**After you fill this out, give it to your physician.**

Take the Rhinitis Questionnaire at:  
<http://www.whiar.org/Questionnaire2.html>

\* [www.whiar.org](http://www.whiar.org)